

Haverigg School 3 Week Menus from April 2022



Week 1 (25th Apr,16th May,13th June, 4th July)		
Monday	Pizza Wrap with pasta & sweetcorn	Toffee Angel Delight with Bananas/Oranges
Tuesday	Meatballs and Pasta/Creamed Potatoes with Broccoli & Sweetcorn	Shortbread Finger
Wednesday	Roast Chicken & Stuffing with creamed potatoes and Vegetables	Syrup Sponge and Custard
Thursday	Fish Finger Bun with Chips and Crudites	Afghan Cookie
Friday	Pasta Bolognese with Crusty Bread and Mixed Salad	Raspberry Jelly and Ice Cream
	Daily: Jacket Potato with Butter/Cheese/Beans/Tuna OR Sandwich – Cheese/Ham/Tuna	Daily: Fruit Yoghurts Fresh Fruit

Week 2 (2nd May,23rd May, 20th June, 11th July)		
Monday	Not-too-spicy Chicken Curry with Rice and Naan Bread	Marble Cake
Tuesday	Pizza Wrap with Pesto Pasta and Cous Cous Salad	Australian Crunchie
Wednesday	Cumberland Cottage Pie with Mixed Vegetables	Gingerbread and Custard
Thursday	Fishy Ships with Peas & Sweetcorn	Meltin Moment Biscuit
Friday	Toad in the hole with creamed potatoes and vegetables	Iced Spongecake
	Daily: Jacket Potato with Butter/Cheese/Beans/Tuna OR Sandwich – Cheese/Ham/Tuna	Daily: Fruit Yoghurts Fresh Fruit

Week 3 (28th Mar,9th May,6th June, 27th June, 18th July)		
Monday	Tomato and Herb Pasta Bake with Garlic Bread / Salad	Zucchini Brownie
Tuesday	Fish Fingers and Chips with Baked Beans / Peas	Fruity Flapjack
Wednesday	Roast Beef and Yorkshire Pudding, creamed potatoes, Roasts and Vegetables	Victoria Sponge
Thursday	Sunshine Pizza with Salt&Pepper Wedges, sweetcorn/coleslaw	Raspberry Ripple Frozen Mousse with Fruit Coulis
Friday	Chicken Nuggets in Tomato Sauce, Rice and Naan Bread	Chocolate Cake and Custard
	Daily: Jacket Potato with Butter/Cheese/Beans/Tuna OR Sandwich – Cheese/Ham/Tuna	Daily: Fruit Yoghurts Fresh Fruit