



## Haverigg School 3 Week Menus from April 2024

<b>Week 1</b>		
Monday	Fishcake and chips with baked beans / peas and bread and butter.	Afghan cookie
Tuesday	Pizza wrap with red pesto pasta, carrot and cucumber sticks.	Fruity flapjack
Wednesday	Toad in the hole with mashed potato or pasta and vegetables.	Fruit crumble with or without custard
Thursday	Chicken wrap with green salad, savoury rice / curly fries.	Victoria sponge
Friday	Tomato and herb pasta with cheese (optional), garlic bread and vegetables.	Iced bun
	Daily: Jacket Potato with Butter/Cheese/Beans/Tuna OR Sandwich – Cheese/Ham/Tuna/Salad	Daily: Fruit Yoghurts Fresh Fruit
<b>Week 2</b>		
Monday	Chunky chicken with a tomato sauce, rice and naan bread.	Melting moment biscuit
Tuesday	Pasta bolognese with garlic bread and vegetables.	Fruit scone with jam
Wednesday	Roast pork, Yorkshire pudding, vegetables, mash potatoes or pasta.	Pear and chocolate cake with or without custard
Thursday	Sunshine pizza, diced potatoes, coleslaw and green salad.	Vanilla shortbread and milk
Friday	Fishy ships with baked beans or peas.	Iced pineapple cake
	Daily: Jacket Potato with Butter/Cheese/Beans/Tuna OR Sandwich – Cheese/Ham/Tuna/Salad	Daily: Fruit Yoghurts Fresh Fruit
<b>Week 3</b>		
Monday	Cajun chicken pasta with vegetables	Apple cake
Tuesday	Fish fingers, chips with baked beans or peas	Swiss shortcake
Wednesday	Roast chicken and stuffing with creamed potatoes or pasta and vegetables.	Gingerbread with or without custard
Thursday	Meat and Potato Pie with vegetables	Jelly and Ice-cream
Friday	Butchers sausage with mashed potato or pasta and mixed vegetables.	Zucchini brownie
	Daily: Jacket Potato with Butter/Cheese/Beans/Tuna OR Sandwich – Cheese/Ham/Tuna/Salad	Daily: Fruit Yoghurts Fresh Fruit
<p>Please note: any children with a food intolerance can still order the main meal and pudding. If applicable, the kitchen staff will adjust the meal according to their intolerance e.g. dairy.</p> <p>Thank you</p>		