

## Haverigg School 3 Week Menus from September 2021



<b>Week 1 (6<sup>th</sup> Sept, 27<sup>th</sup> Sept, 18<sup>th</sup> Oct)</b>		
Monday	Cheese&Potato Pasty with Baked Beans/ Peas & Sweetcorn	Toffee Angel Delight with Bananas/Oranges
Tuesday	Meatballs and Pasta/Creamed Potatoes with Broccoli & Sweetcorn	Shortbread Finger
Wednesday	Roast Chicken & Stuffing with creamed potatoes and Vegetables	Syrup Sponge and Custard
Thursday	Fish Finger Bun with Chips and Crudites	Yummy Carrot Cake
Friday	Beef or Vegetable Lasagne with Crusty Bread and Mixed Salad	Raspberry Jelly and Ice Cream
	Daily: Jacket Potato with Butter/Cheese/Beans/Tuna OR Sandwich – Cheese/Ham/Tuna/Jam	Daily: Fruit Yoghurts Fresh Fruit

<b>Week 2 (13<sup>th</sup> Sept, 4<sup>th</sup> Oct)</b>		
Monday	Not-too-spicy Chicken Curry with Rice and Naan Bread	Marble Cake
Tuesday	Pizza Wrap with Pesto Pasta and Cous Cous Salad	Australian Crunchie
Wednesday	Cumberland Cottage Pie with Mixed Vegetables	Gingerbread and Custard
Thursday	Fishy Ships with Peas & Sweetcorn	Lemon Drizzle Slice
Friday	Toad in the hole with creamed potatoes and vegetables	Rice Pudding with Fruit Coulis/Fruit Jam
	Daily: Jacket Potato with Butter/Cheese/Beans/Tuna OR Sandwich – Cheese/Ham/Tuna/Jam	Daily: Fruit Yoghurts Fresh Fruit

<b>Week 3 (20<sup>th</sup> Sept, 11<sup>th</sup> Oct)</b>		
Monday	Tomato and Herb Pasta Bake with Garlic Bread / Salad	Zucchini Brownie
Tuesday	Fish Fingers and Chips with Baked Beans / Peas	Fruity Flapjack
Wednesday	Roast Beef and Yorkshire Pudding, creamed potatoes, Roasts and Vegetables	Victoria Sponge
Thursday	Sunshine Pizza with Salt&Pepper Wedges, sweetcorn/coleslaw	Raspberry Ripple Frozen Mousse with Fruit Coulis
Friday	Chicken Nuggets in Tomato Sauce, Rice and Naan Bread	Chocolate Cake and Custard
	Daily: Jacket Potato with Butter/Cheese/Beans/Tuna OR Sandwich – Cheese/Ham/Tuna/Jam	Daily: Fruit Yoghurts Fresh Fruit