

HAVERIGG SCHOOL 3 WEEK MENUS

Week Commencing 9 th September 2019		
WEEK 1	MAIN COURSE	DESSERT
Monday	Fish Fingers with Chips, Baked Beans / Peas OR	Meltin' Moment Biscuit & Milk
	Tomato or Vegetable Soup AND Sandwich (Cheese or Ham)	
Tuesday	Chicken Nuggets in Tomato Sauce with Rice & Naan Bread	Fruit Crumble & Custard
	Tomato or Vegetable Soup AND Sandwich (Cheese or Tuna)	
Wednesday	Mrs Knowles' Traditional Roast Beef & Yorkshire Pudding with Creamy Potatoes & Veg OR	Golden Syrup Sponge & Custard
	Tomato or Vegetable Soup AND Sandwich (Cheese or Ham)	
Thursday	Spaghetti Beef Ragu with Sweetcorn & Garlic Bread OR	Raspberry Ripple Mousse & Fruit Coulis
	Tomato or Vegetable Soup AND Sandwich (Cheese or Tuna)	
Friday	Lighthouse Pizza with Pesto Pasta , Cous Cous & Salad OR	Zucchini Brownie
	Tomato or Vegetable Soup AND Sandwich (Cheese or Ham)	
Week Commencing 16 th September 2019		
WEEK 2	MAIN COURSE	DESSERT
Monday	Scrummy Meatballs with Pasta & Veg OR	Sticky Gingerbread & Custard
	Tomato or Vegetable Soup AND Sandwich (Cheese or Ham)	
Tuesday	Cheesy Potato & Onion Pie with Baked Beans / Peas OR	Yummy Toffee Mousse with Bananas/Mandarins
	Tomato or Vegetable Soup AND Sandwich (Cheese or Tuna)	
Wednesday	Chicken Fillet Royale, Wedges & Crudities OR	Victoria Sandwich Cake
	Tomato or Vegetable Soup AND Sandwich (Cheese or Ham)	
Thursday	Toad In the Hole with Creamed Potatoes & Veg OR	St Clements Shortbread
	Tomato or Vegetable Soup AND Sandwich (Cheese or Egg)	
Friday	Lighthouse Fishy Ships with Peas & Sweetcorn OR	Decorated Chocolate Cake
	Tomato or Vegetable Soup AND Sandwich (Cheese or Ham)	
Week Commencing 23 rd September 2019		
WEEK 3	MAIN COURSE	DESSERT
Monday	Cheesy topped Bacon & Potato Bake with Veg OR	Afghan Cookie with Milk
	Tomato or Vegetable Soup AND Sandwich (Cheese or Tuna)	
Tuesday	Fish Fingers and Chips, Beans / Peas OR	Creamy Rice Pudding with Coulis/Jam
	Tomato or Vegetable Soup AND Sandwich (Cheese or Ham)	
Wednesday	Roast Chicken & Stuffing, Potatoes & Veg OR	Raspberry Jelly & Ice-cream
	Tomato or Vegetable Soup AND Sandwich (Cheese or Tuna)	
Thursday	Lighthouse Pizza with Wedges, Sweetcorn / Coleslaw OR	Fruity Flapjack
	Tomato or Vegetable Soup AND Sandwich (Cheese or Ham)	
Friday	Pasta Bolognese with Garlic Bread & Salad	Iced Sponge Cake
	Tomato or Vegetable Soup AND Sandwich (Cheese or Tuna)	

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