

# Haverigg Primary School PE Curriculum Intent

## Learning to Move and Moving to learn.

The intent of Physical Education at Haverigg Primary School is to give children the knowledge, skills and confidence necessary to lead healthy and active lives (including swimming competency) and the opportunity to participate in sports beyond the school gates and into the future. At Haverigg School we recognise and highly value the place Physical Education has within the curriculum because of the all-round contribution it makes to children's over-all health and wellbeing and personal development. Equally, PE provides a platform for our children to actively display our school values of honesty, courtesy, kindness, tolerance, respect, cooperation and determination.

We recognise the impact being active has on mental and emotional health and how in turn this can fundamentally boost attainment and enjoyment of learning. PE is a rich and complex subject that connects with the wider curriculum and we celebrate these links as opportunities to deepen our children's experience of the subject and understanding of the world (orienteering and map skills in Geography; measuring and recording personal times and distances linking to Numeracy and Computing and Online Safety, where children's critical awareness and understanding of the validity of information found online connected to the subject of healthy participation is vital).

PE is the only subject where all children have the opportunity to be explicitly taught and experience how to produce and develop confident and controlled motor movements (learning to move and moving to learn) and embed the rules, strategies and tactics required to play sports safely and successfully. Physical Education develops children's confidence and independence and offers personal challenges that promote self-esteem and resilience. Physical Education helps children connect the contribution that exercise makes to their overall health and teaches them how to participate safely and effectively in a wide range of physical activities and sport.

We celebrate engagement in competitive sports through The Partnership of Millom Schools Competitions Calendar which is co-ordinated and led by the Haverigg Primary PE Lead alongside all other local PE Leads. Created to overcome the challenge of being geographically isolated, this has ensured that children are given the opportunity to take part in competitive, participative and inclusive sporting events, including provision for SEND. In 2022-23 there was not a SGO in post providing such opportunities.

The Partnership of Millom Schools Competitions Calendar is attended and supported by our local clubs. Through this collaboration strong club links have been forged. This gives children who may not otherwise have the opportunity to experience the range of sports on offer locally and gives them the support, confidence and skills to join their local clubs. Additionally, it helps schools and clubs identify children with particular strengths and talents and give them further opportunities to compete at a higher level. Where appropriate, curriculum PE compliments and runs alongside our sporting events calendars ensuring that children are well prepared and feel confident when taking part.

