



## MENU – WC 15<sup>th</sup> October 2018

Where possible please try to keep dinner money separate to all other payments. Thank you.

WEEK 1	MAIN COURSE	DESSERT
Monday	Lighthouse Fish Cakes with Chunky Chips, Bakey Beans / Garden Peas OR	Appletising Apple Scone and Jam
	Tomato or Vegetable Soup AND Sandwich (Cheese or Ham)	
Tuesday	Bella Pasta Bolognaise with Crusty Garlic Bread and Mixed Green Salad OR	Decorated Chocolate Cake.
	Tomato or Vegetable Soup AND Sandwich (Cheese or Tuna)	
Wednesday	Mrs Knowles' Traditional Roast Beef & Yorkshire Pudding with Creamy Potatoes & Veg OR	Raspberry Jam and Coconut Sponge and Vanilla Custard
	Tomato or Vegetable Soup AND Sandwich (Cheese or Ham)	
Thursday	Lighthouse Chef's Pizza and Seasoned Potato Wedges with Sweetcorn and Coleslaw OR	Five a Day Fruity Flapjack
	Tomato or Vegetable Soup AND Sandwich (Cheese or Tuna)	
Friday	Kid's Favourite Meat and Potato Pie with Crunchy Carrots and Peas OR	Yummy Iced Bun
	Tomato or Vegetable Soup AND Sandwich (Cheese or Ham)	

Every Day Option: Jacket Potato with a choice of fillings – Cheese, Baked Beans or Tuna.

*New Packed Lunch selection – choice of sandwiches, finger food and dessert of the day.*

Fresh Fruit & Yogurt

**We cannot accept Junior menus without payment.**

**Thank you**

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<b>NAME:</b>	<b>YEAR:</b>
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**Infants receive a free meal.**

Juniors select chosen days and return £2.50 per meal to the Office by **Monday 8<sup>th</sup> October 2018**

**Cheques payable to "The Lighthouse Centre Ltd".**

Thank you

WEEK 1	MAIN MENU	SCHOOL PACKED LUNCH Indicate choice of filling	JACKET POTATO	SOUP SANDWICH	
MON			Cheese Beans Tuna	Tom or Veg	Cheese or Ham
TUES			Cheese Beans Tuna	Tom or Veg	Cheese or Tuna
WED			Cheese Beans Tuna	Tom or Veg	Cheese or Ham
THURS			Cheese Beans Tuna	Tom or Veg	Cheese or Tuna
FRI			Cheese Beans Tuna	Tom or Veg	Cheese or Ham

**School packed lunch** sandwich fillings: Ham, Cheese, Tuna, Egg or Jam.

Please indicate choice of filling in box provided.