



# MENU – W/C Monday 16<sup>th</sup> July 2018

Where possible please try to keep dinner money separate to all other payments. Thank you.

WEEK 3	MAIN COURSE	DESSERT
Monday	Lighthouse Chef's Pizza with Seasoned Potato Wedges, Sweetcorn/Coleslaw OR	Appletising Apple Scone with Jam
	Tomato or Vegetable Soup AND Sandwich (Cheese or Tuna)	
Tuesday	Bitesize Chicken Nuggets in a Creamy Tomato Sauce with Sticky Rice and Naan Bread OR	Everyone's Favourite, Iced Sponge Cake
	Tomato or Vegetable Soup AND Sandwich (Cheese or Ham)	
Wednesday	Simply the Best, Cumberland Sausage with Apple Sauce, Creamy Potatoes & Veg OR	Golden Sticky Gingerbread with Vanilla Custard
	Tomato or Vegetable Soup AND Sandwich (Cheese or Tuna)	
Thursday	Lighthouse Fish Coddies with Chunky Chips, Bakey Beans/Garden Peas OR	Crunchy Afghan Cookie with a Drink of milk
	Tomato or Vegetable Soup AND Sandwich (Cheese or Ham)	
Friday	Shepherd's Pie with Crunchy Carrots and Garden Peas OR	Red & Fruity Frozen Raspberry Ripple Mousse with Fruit Coulis
	Tomato or Vegetable Soup AND Sandwich (Cheese or Tuna)	

Every Day Option: Jacket Potato with a choice of fillings – Cheese, Baked Beans or Tuna.

*New Packed Lunch selection – choice of sandwiches, finger food and dessert of the day.*

Fresh Fruit & Yogurt

Vegetarian options available.

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NAME:	YEAR:
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Infants receive a Free School Meal

Juniors select chosen days and return **£2.50** per meal to the Office by **Monday 9<sup>th</sup> July 2018**

Cheques payable to "The Lighthouse Centre Ltd"

Thank you

Week 3	MAIN MENU	SCHOOL PACKED LUNCH Indicate choice of filling	JACKET POTATO	SOUP SANDWICH	
MON			Cheese Beans Tuna	Tom or Veg	Cheese or Tuna
TUES			Cheese Beans Tuna	Tom or Veg	Cheese or Ham
WED			Cheese Beans Tuna	Tom or Veg	Cheese or Tuna
THURS			Cheese Beans Tuna	Tom or Veg	Cheese or Ham
FRI			Cheese Beans Tuna	Tom or Veg	Cheese or Tuna

School packed lunch sandwich fillings: Ham, Cheese, Tuna, Egg or Jam.

Please indicate choice of filling in box provided.