



Haverigg School 3 Week Menus from October 2024

Week 1		
Monday	Fishy Ships, Baked Beans / Peas	Frozen Fruit Mousse Pot
Tuesday	Pasta in a Sauce with Cheese, Garlic Bread and a Mixed Green Salad	Toffee Mousse with Bananas
Wednesday	Roast Chicken, Stuffing, Creamed Potatoes / Pasta and Vegetables	Chocolate Beetroot Cake with Custard
Thursday	Sunshine Pizza with Plain or Salt and Pepper Wedges and Sweetcorn	Victoria Sponge Cake
Friday	Sausages, Creamed Potatoes with Vegetables or Baked Beans	Meltin Moment Biscuit
	Daily: Jacket Potato with Butter/Cheese/Beans/Tuna OR Sandwich – Cheese/Ham/Tuna/Salad	Daily: Fruit Yoghurts Fresh Fruit
Week 2		
Monday	Pasta Bolognese, Garlic Bread and Vegetables	Rice Pudding with Fruit or Jam
Tuesday	Mild Chicken Tikka Curry with Rice and Naan Bread	Zucchini Brownie
Wednesday	Roast Beef, Yorkshire Pudding, Creamed Potatoes, / Pasta and Vegetables	Chocolate Crunch and Custard
Thursday	Meat and Potato Pie with Vegetables and Gravy	Apple Scone with Jam (optional)
Friday	Fish Fingers, Chips, Baked Beans or Peas	Fruit Jelly and Ice-Cream
	Daily: Jacket Potato with Butter/Cheese/Beans/Tuna OR Sandwich – Cheese/Ham/Tuna/Salad	Daily: Fruit Yoghurts Fresh Fruit
Week 3		
Monday	Pizza Wrap with Red Pesto Pasta and Green Salad	Fruity Flapjack
Tuesday	Meatballs in Gravy, Mash / Pasta and mixed veg	Chocolate Cake
Wednesday	Roast Pork, Yorkshire Pudding, Creamed Potatoes / Pasta and Vegetables	Gingerbread and Custard
Thursday	Fishcake, Chips, Baked Beans / Peas and Bread and Butter	Vanilla Shortbread with Milk
Friday	Chicken Wrap with Salad and flavoured Rice	Pineapple Sprinkle Cake
	Daily: Jacket Potato with Butter/Cheese/Beans/Tuna OR Sandwich – Cheese/Ham/Tuna/Salad	Daily: Fruit Yoghurts Fresh Fruit
<p>Please note: any children with a food intolerance can still order the main meal and pudding. If applicable, the kitchen staff will adjust the meal according to their intolerance e.g. dairy.</p> <p>Thank you</p>		