

Haverigg School 3 Week Menus from September 2023



Week 1 WC 11 th Sept, 2 nd Oct, 30 th Oct, 20 th Nov, 11 th Dec		
Monday	Chicken Fillet Royale with Wedges, Carrot & Cucumber Crudities	Chocolate Crunch & Custard
Tuesday	Fishcake, Chips, Beans/Peas, Bread & Butter	Raspberry Ripple Mousse
Wednesday	Meat & Potato Pie with Veg	Apple Sponge Cake & Custard
Thursday	Meatballs & Pasta/Mash with sweetcorn	Iced Pineapple Cake
Friday	Chicken Pieces in Tomato sauce with Rice & Naan	Afghan Cookie
	Daily: Jacket Potato with Butter/Cheese/Beans/Tuna OR Sandwich – Cheese/Ham/Tuna/Salad	Daily: Fruit Yoghurts Fresh Fruit
Week 2 WC 18 th Sept, 9 th Oct, 6 th Nov, 27 th Nov, 18 th Dec		
Monday	Fish Finger Bun, Chips & Crudités	Chocolate Marble Cake
Tuesday	Chicken Tikka Curry, Sunshine Rice & Naan Bread	Rice Pudding, Peaches & Jam
Wednesday	Roast Beef with potatoes, Veg & Yorkshire Pudding	Gingerbread & Custard
Thursday	Pizza Wrap, Red Pesto Pasta & Sweetcorn	Fruity Flapjack
Friday	Sausages with Creamed Potatoes, Baked Beans/Peas	Zucchini Brownie
	Daily: Jacket Potato with Butter/Cheese/Beans/Tuna OR Sandwich – Cheese/Ham/Tuna/Salad	Daily: Fruit Yoghurts Fresh Fruit
Week 3 WC 25 th Sept, 16 th Oct, 13 th Nov, 4 th Dec		
Monday	Sunshine Pizza, Wedges & Cous Cous	Toffee Angel Delight with Bananas / Oranges
Tuesday	Pasta Bolognese with Garlic Bread & Sweetcorn	Iced Bun
Wednesday	Roast Chicken, Potatoes, Veg & Stuffing	Victoria Sponge
Thursday	Fishy Ships, Baked Beans / Peas	Yummy Carrot Cake
Friday	Green Pesto Pasta with Chicken & Crusty Bread	Meltin Moment Biscuit
	Daily: Jacket Potato with Butter/Cheese/Beans/Tuna OR Sandwich – Cheese/Ham/Tuna/Salad	Daily: Fruit Yoghurts Fresh Fruit